Wired4Music Internet Safety Fact Sheet

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This is a fact sheet about using the internet safely. The internet is a useful tool for staying in touch with friends, sharing experiences and exchanging content. It is used by companies and individuals across the world. While the internet is a valuable tool, by using it you are opening yourself up to a countless number of strangers.

What are some potential risks?

Cyber-stalking
Bullying
Disclosure of private information (either by you or your contacts)
Access to age inappropriate content
Online child abuse
Emails and messages that seem to be from friends or social networking sites, but are actually luring you to fraudulent sites

How do I protect myself?

- Never share any personal information about yourself or your family
- Never share your address or phone number
- Do not share any photos or videos that you wouldn't want your family or your teachers to see
- Choose secure passwords and do not share them with anyone

What do I do if something is making me feel uncomfortable online?

- Talk to a teacher or an adult family member and let them know what happened.
- If someone has acted inappropriately online towards you or someone you know (this can be sexual chat, asking you to do something you are uncomfortable with, asking to meet up) you can report it to the Child Exploitation and Online Protection Centre (CEOP) here: https://www.ceop.police.uk/Ceop-Report/
- If you are being bullied and need someone to talk to, you can find someone to help you at Cyber Mentors (http://www.cybermentors.org.uk/). You can also call Childline at 0800 1111

What do I do if I was hacked?
- Change your password, choosing something that has a mix of upper and lowercase letters and numbers for extra security.
- Check the applications that you have allowed to access your profile. If you're not sure that an application is legitimate, delete it.

Some Resources:

For general tips on how to use the Internet safely, visit:
Childnet: http://www.childnet.com/
Thinkuknow: http://www.thinkuknow.co.uk/
Safe Network: http://www.safenetwork.org.uk/
UK Safer Internet Centre: http://www.saferinternet.org.uk/

To report instances of online abuse, visit: Child Exploitation and Online Protection
Centre: http://www.ceop.police.uk/

To discuss instances of online abuse with a trusted adult, visit or call:
Cyber Mentors: http://www.cybermentors.org.uk/
Childline: http://www.childline.org.uk or 0800 1111